

- I. Name: Battle Cage Xtreme Youth Wrestling League
- II. League Membership
  - A. The BCX shall consist of, but not be limited to, the following states & teams:
  - B. NY, NJ, PA
  - C. New teams shall be reviewed by the BCX administration for league participation.
- III. BCX League Business
  - A. Meetings will be held by the BCX administrators.
  - B. Membership fees. There is an annual team membership fee which shall be determined by the BCXYWL administrators.
  - C. Match reports.
    - C.1. Submitting a match report and a weigh-in sheet for both teams shall be the responsibility of both teams and must be signed by both coaches. The BCXYWL must receive these reports immediately following the respective match. All match results & team information will be posted on the BCXYWL website.
- IV. Wrestler's Eligibility
  - A. In order to compete in the BCXYWL matches, a wrestler must
    - A.1. Be in or below the eighth grade school level.
    - A.2. Not have reached their fifteenth birthday by September 1st of the current season.
    - A.3. Fit the BCX criteria listed for each wrestling division. Novice / Journeyman / Club
    - A.4. New members may be admitted after the season begins upon the BCXYWL approval.
    - A.5. In the event that a wrestler moves during a season (between November 1st and the league tournament), they may stay on their team for that season only if allowed by the BCX administrators.
- V. Weight Classes

All weigh-ins & matches will take place at the BCX Vernon, NJ facility the day of the match. Schedule will be posted on website.

A state certified scale will be used for all weigh-ins.

Multiple weight classes are provided by the BCX to avoid extreme weight loss in

children!

3 Skill divisions to provide all wrestlers with safe & fair competition.

**20 Weight classes for each division are as follows:**

Novice: 40, 43, 45, 48, 50, 52, 54, 56, 58, 60, 63, 65, 67, 70, 74, 77, 80, (3 additional alternate weights)

Journeyman & Club: 50, 52, 54, 56, 58, 60, 62, 64, 68, 70, 75, 80, 85, 90, 95, 100, 110, (3 additional alternate weights)

VI. Weight Class Eligibility

A wrestler can compete at one or two weight classes over their actual weigh-in weight up to the 68lb. weight class. From 70lbs. and up, a wrestler can only go one weight class above the weight class for which they qualify on that particular day. Subject to change by the BCX administrators.

VII. Weight Progression. Weight progression **might** be in effect during the season in the following manner: On January 1st, there will be a one pound weight allowance. On February 1st, there will be a one pound weight allowance. Subject to BCX approval.

VIII. Governing Rules.

- A. All matches of the BCXYWL shall be conducted in accordance with the rules and regulations currently in force for the New Jersey High School competition as formulated by the NJSIAA except as outlined in the bylaws. See Cage Safety Rules & Restrictions at bottom.
- B. All Journeyman & Club matches shall consist of three periods and each period shall be a **running clock** 1.5 minutes (1:30) in duration.
- C. All Novice matches shall consist of three periods and each period shall be a **running clock** of 1.0 minutes (:60) in duration.
- D. Running clocks will keep action moving and total match time down! (great for kids & coaches)
- E. No restrictions on practicing starts and times.

IX. Match Officials

- A. Match referees will be card carrying officials or cadets paid by the BCXYWL.
- B. The BCX organization team will be responsible for all other officials needed to run the match. The visiting team should supply at least one score keeper to assist the home team.

X. Tournament

- A. A championship tournament shall be held at the end of each season. Any team may apply for sponsorship. This is based on the total number of teams in the league. Must have at least 4 teams in each division to hold a championship

tournament.

B. Eligibility

- B.1. A wrestler must wrestle one half of his matches at the weight class he intends to participate in.
- B.2. A wrestler must have wrestled at least 6 matches in the BCXYWL to be eligible for the tournament. Exceptions will be voted on by the coaches during the seeding meeting and the BCX administrators will make final decision.

C. Seeding Criteria

- C.1. Most wins.
- C.2. Head to head competition. In cases where three or more wrestlers have the same number of wins, this criterion will only apply if one of the wrestlers beat ALL of the others being considered.
- C.3. Winning percentage.
- C.4. Number of pins.
- C.5. Number of technical falls.
- C.6. Number of major decisions.
- C.7. Fewest wins by forfeit.
- C.8. The wrestler placing higher in the previous year's tournament. If the same finish, the wrestler returning closer to the weight class of the previous year will prevail.
- C.9. Vote of coaches and or BCX administrators.

XI. Awards

- A. Team awards will be presented to the first, second and third place finishers in each division for the dual league season.
- B. Awards will be given for the first, second and third place finishers for the league tournament.
- C. The team, who wins the league in each division, will be featured on the **Battle Cage Xtreme website!**

**Cage Rules & Regulations**

These rules & regulations are designed to make the BCXYWL safe and fair for all participants. All rules are subject to change by the BCX administration.

All current folkstyle rules apply with some restrictions concerning the cage.

1. At no time is a wrestler allowed to slam an opponent into the cage. Same as a regular non-cage match. Referee calls a disqualification against the wrestler.
2. Scoring off of the cage is not permitted; push offs, jump offs, climbing & holding on to cage fencing, etc. Referee cautions wrestler first, then points will be awarded to opponent. Caution / 1pt. / 1pt. / 2pts. / Disqualification.
3. Both wrestlers must demonstrate constant hustle back to the center cage starting position when referee whistles to stop action. Wrestlers will be penalized with standard stalling points awarded to their opponent by the referee. Purpose of this rule is to keep action moving with a running clock.
4. Clock stops for all medical reasons by referee signal.
5. Points will not be awarded for tilting an opponent using the cage as leverage and or other move applied using the fence or cage. The BCX emphasizes wrestlers to use the center of the mat to score points. This is a great way to teach your wrestler's to utilize the center of the mat. In addition, this keeps the action moving.
6. Mouth guards are strongly recommended by the BCX. The BCX has the right to make mouth guards mandatory at any time during a match, bout or season. Wrestler's wearing braces must wear mouth guards at all times!
7. Full wrestling attire is mandatory: Head gear, hair bonnets, singlet, wrestling shoes, form fitting clothing such as tight sport tops and shorts are permitted upon approval by BCX administrators. NO BARE FEET & SHIRTS ON!
8. Spotters: A spotter will be optional and or may be mandatory during the matches in the BCX league. A spotter is another adult other than the referee who is placed inside the cage to help spot potential dangerous situations that the referee might not be able to prevent. Spotters will be approved only by the BCX administrators.
9. Coaches being allowed in the cage during NOVICE matches must be approved by BCX administrators and may be used as spotters.
10. No swearing, stealing or fighting between coaches, parents, wrestlers! No throwing of head gear or anything against the cage or out of the cage! You will be asked to leave by us or the police!

### **Individual Wrestling Membership**

The BCXYWL will also accept individual wrestlers who do not have a team participating in the league. Each wrestler will be placed on a team that needs a weight class filled. BCX administrators will make all decisions on what team the individual wrestler will compete for.

\*Membership fee applies.